

Everyone who returns a completed questionnaire will be entered into a **free prize draw**

First Prize = A Wii games station

Second Prize = Relaxation Voucher

Third Prize = £20 Shopping Voucher

Prize Draw will be held on Monday 12th October

Understanding the needs of coping with a loved one's drug or alcohol misuse.

Approximately 3 people are affected by a loved one's drug or alcohol misuse. There are approximately 2049 drug and alcohol misusers in effective treatment in Barnsley. Therefore we know there are likely to be at least 6147 people who are suffering the effects of a loved one being dependant on a substance. We feel that this figure maybe even higher

"Life is hard when you care about someone who is misusing substances. You will go through many feelings and experiences. You are not alone. Don't go through it on your own...ask for support and advice".

Barnsley Drug & Alcohol Action Team (DAAT) is responsible for commissioning treatment services for service users (individuals who access treatment for their drug or alcohol misuse problem).

The DAAT also support carer support services. We use the term 'carer' to describe an individual who is coping with or is affected by a loved one's drug or alcohol misuse. We understand that not all individuals will see themselves as 'carers' but as a family member or friend who cares about a loved one who misuses substances. However for the purpose of this questionnaire we will be using the term 'carer'.

The purpose of this questionnaire is to gain a better picture of carers' needs. The findings from this questionnaire will be used in the DAAT Needs Assessment which will help shape how carer support services meet the needs of carers.

All completed questionnaires must be returned to the DAAT by **30th September 2009**.

To be entered in the prize draw you will have to fill in your contact details on page 5. All details will be detached from the questionnaire to ensure that questionnaire results can not be identifiable. All your details will be kept private and confidential. Unless you have stated you wish to be on the mailing list we will destroy all contact details after the prize draw has been drawn.

If you have any questions or need any help completing this questionnaire please contact **Jeni Upperdine 01227 772350**

Q1 Are you a carer of?

Drug misuse

Alcohol misuser

Both drug and alcohol misuser

Q2 Which area of Barnsley do you live in? i.e Town Centre (please note we will not be able to identify you by your answer. We want to know this to help us identify which areas of Barnsley are most of need of support/advice)

Q3 Are you...?

Male

Female

Q4 Which age group do you belong to?

Under 18

19 to 30

31 to 40

41 to 50

51 to 60

Over 60

Q5 Do you look after your grandchildren due to your child's drug or alcohol misuse?

Yes

No

I don't have any grandchildren

Q6 Are you aware of any support services that are available to support you?

Yes, but I don't wish to use them

Go to Q7

No

Go to Q7

Yes

Please state which

Q7 What prevents you from accessing support services?

Financial/transport difficulties

Childcare issues

Physical/mental health issues

Because you're working

Fear of bumping into someone you know

Other

Please specify

Q8 Where did/do you go for advice/support/information?

Internet

Yellow pages etc

GP

Treatment services

Friends/family

Barnsley Beacon (carer support service)

Other

Please specify

Q9 You would like information to be made available about...

Drugs Awareness

Alcohol Awareness

Signs/Symptoms

Hepatitis/HIV

Overdose Prevention

Treatment Services

Carer Services

Coping with stress

Financial advice

Other

Please specify

Q10 How would you like to receive information/support/advice?

By post

Over the internet

By telephone

Drop-in's

One-to-One

Support Groups

Text Messages

Home visits

Training/Workshops

Other

Please specify _____

Q11 **Would you like to be involved in your loved ones treatment? i.e. attend appointments with them**

Yes Go to Q12

No Go to Q13

Q12 **How would you like to be involved in your loved ones treatment?**

Q13 **Have there been times when you have liked to be more or less involved?**

No

Yes, more involved

Yes, less involved

Please provide details _____

Q14 **Other comments**

Thank you for taking the time to complete this questionnaire. Your feedback is vital and is much appreciated

If you would like to be entered into the prize draw please complete page 5 I wish to be entered in the prize draw, which will be drawn on Monday 12th October.

Yes No

I would like to be added to the DAAT Carer mailing list to receive updates and information relevant to me (including a copy of the findings from this questionnaire)

Yes No

Name _____

Address _____

Post code _____

Telephone number

E-mail address

How would you like to be contacted if you have been successfully drawn in the prize draw?

By post

By Telephone

By E-mail

Please return all completed copies back to

**FREEPOST RSBB-YXCB-UHBA
Barnsley DAAT
Barnsley
S71 1HG**

If you would like to talk to someone who may have experience similar experiences as yourself please contact

***Barnsley Beacon Carer Support Service
19-12 Doncaster Road (above Mobility Shop)
Barnsley
S70 1TH***

Tel: 01226 242990

***Email: barnsleybeacon@btinternet.com
Website: www.barnsleybeacon.com***

Barnsley Beacon Services

Providing help and support to parents,
families, carers, friends of substance